



2615 E Southlake Blvd. Suite 110 Southlake, TX 76092

Body Piercing aftercare instructions

Please follow the instructions below to ensure proper care of your piercing.

Topical Piercings:

- Clean your new piercing daily with warm water and any brand of non-scented antibacterial or antimicrobial soap (it is easiest to do this in the shower as this will ensure the piercing is properly flushed with water and no soap is remaining).
- Use a Q-Tip or cotton swab to remove any minor crust or scabs around the area of the piercing.
- Use H2Ocean or another piercing saline solution to irrigate the piercing at least twice a day (usually in the morning and at night).

For Oral Piercings:

- Rinse your mouth thoroughly with antiseptic mouthwash or saltwater mouthwash after every time you eat, drink, or anytime you put anything in your mouth. Also rinse when you wake up and before you go to bed.
- Ice chips or a frozen drink are recommended directly after the piercing as they can help reduce initial swelling.
- Use a sterile bandage or sterile dressing when necessary.
- For the first six weeks, minimize your exposure to dirt, grime, etc.

DO NOT:

- Submerge your piercing for the first four weeks. No swimming pools, lakes, hot tubs, etc. Only showers are acceptable.
- Manipulate, rotate, or play with your piercing as this interrupts the healing process. The only time you should touch your piercing is when you are cleaning it or spraying it with H2Ocean.
- Sleep on or put pressure on the piercing as this can cause irritation.

Thank you for choosing Pierce. If you have any questions or concerns about your piercing, please contact us immediately so we can assist you.

In the event of an allergic reaction or infection, please contact your health professional and report any diagnosed infection or allergic reaction resulting from the piercer to the Department of State Health Service, Drugs and Medical Devices Group at (512) 834-6711.

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